



## Turn Around Ltd

### Background

Amanda Lowe moved to work in Goldthorpe several years ago. As a recovering alcoholic herself she felt passionate about the great need for holistic rehabilitation for local residents in places such as Goldthorpe.

From small beginnings, Turn Around Ltd started to work with increasing numbers of people recovering from addiction in an area of South Yorkshire which has struggled with massive deprivation and unemployment. Amanda has committed wholeheartedly to the rehabilitation of her clients. When discussing her methods, Amanda says: **"client care comes first for me"**. Nothing fills Amanda with more joy than to see the work of Turn Around make a difference in individual people's lives and in the local community.

### Amazing achievements

A recent example of Turn Around's work is that of a mother who had suffered with substance addiction and so was unable to work. Because of the affect her addiction was having on her family, she lost custody of her children.

As things hit rock bottom for this woman, she chose to ask for help. She met with Amanda and the team at Turn Around and started to make steps to rebuild her life. This particular client is now in steady recovery and through the amazing progress she has made, has been able to regain custody of her children. This inspirational story shows the heart of Turn Around- to see people's lives, families and communities rebuilt.



### PROFILE IN BRIEF

## Turn Around Ltd

#### Services offered:

- Holistic rehabilitation
- Skills based courses (social, academic and living)
- Engaging with the community

#### Who do you work with?

- Recovering drug addicts and alcoholics
- The local community and community events
- Local Residents in Goldthorpe

#### Contact details:

- Amanda Lowe  
07921 084 576,  
01709 896 037

Email: [turnaroundltd@btconnect.com](mailto:turnaroundltd@btconnect.com)

## Responding to a need

One of the most exciting things about the work of Turn Around is their holistic approach. Amanda explains, **“we look to see clients not only rehabilitated off drugs, but also rehabilitated back into community life.**

One of the ways the centre does this is by running skills- based courses for the people involved. These cover social, academic and life skills. It may be as simple as having a craft class where clients learn how to sew or paint, but there is also a real drive for educational skills. Amanda recalls,

**“One particular client came to Turn Around unable to read or write, but now she is able to read to her grandchildren and counts writing poetry amongst her hobbies!”**

Fantastic stories like this are common place and capture what Turn Around is all about.

## Engaging with the community

One of the centre’s mottos is that everybody must give back to the community, which can be in a variety of ways. One example is that several Turn Around clients who are in stable recovery, now volunteer as safety officers at the local community carnival. Amanda concludes,

**“encouraging clients to give back to the community has a fantastic effect... it goes a long way towards destroying the stigma surrounding addiction and gives hope to others that addictions do not have to rule your life- there is a choice of recovery!”**

## Looking ahead

Amanda and the team at Turn Around are currently making plans to install a community training café in addition to their existing training kitchen. Not only will this allow clients to take NVQs in catering and hospitality, but it will also provide the centre with a larger community space.

Amanda plans to use the space to invite speakers to speak to Turn Around clients about issues that will help them take control of their lives such as housing and careers advice.

Each year Turn Around’s clients have a project to focus on. Their project will be to design and maintain new grounds for the local Scout and Brownie groups. Their current grounds are very overgrown, and the new plans, to include amongst other things, a BBQ and vegetable patch, will help the children to learn new skills and gain more badges.

Turn Around is having an amazing impact in the community of Goldthorpe and through the hard work of people such as Amanda they are seeing amazing stories of people’s lives being rebuilt. The transformation is inspiring to see.

